

Program Information

The CIIRP unit and the ASP are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and the Joint Commission (TJC).

For questions call:

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VA HEALTH CARE
Defining EXCELLENCE
in the 21st Century

**VA North Texas Health Care System
Physical Medicine & Rehabilitation Services
CIIRP Rehab Unit**

Updated June 2021

VA North Texas Health Care System

Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) and Amputation Specialty Program (ASP)



**Working Together to Improve Quality of Life
and
Safely Return You Home!**

About the CIIRP and ASP programs

The Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) is a rehabilitation program in which Veterans receive intensive acute rehabilitation services. The CIIRP program addresses physical, psychological and medical problems to maximize each Veteran's quality of life and a safe return to home. The program includes specialization in the care of the amputee in pre and post prosthetic phases of rehabilitation.

The CIIRP & ASP unit is located in the Community Living Center (CLC) at the Dallas VA North Texas Health Care System.

CIIRP Mission

Maximize the health, functional independence, and quality of life for Veterans with disabilities through excellence in clinical care, education and research.

Services Provided

The rehabilitation team includes:

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|-------------------------------|--|
| ☞ Veteran/Family | ☞ Kinesiotherapist (Drivers Training) |
| ☞ Physician/Physician Asst | ☞ Psychologist |
| ☞ Rehabilitation Coordinator | ☞ Social Worker |
| ☞ Rehabilitation Nurse | ☞ Recreation Therapist |
| ☞ Physical Therapist | ☞ Occupational Therapist |
| ☞ Speech Language Pathologist | ☞ Chaplain, Dietitian & Others based on need |

Items to Bring to Rehab*

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| ☞ Grooming items for personal care | ☞ Wheelchair, cushion, leg rests |
| ☞ Easy to pull-on clothing, laundry detergent (washer/dryer available) | ☞ Assistive Devices (i.e. reacher, sock aid) |
| ☞ Underwear, socks | ☞ Sturdy walking shoes |

***Veteran Suggested Items**

Who is eligible for CIIRP?

The team provides services to Veterans after an amputation, a stroke, fractures, joint replacement, weakness after surgery, heart attack and others.

Eligible Veterans are assessed through the following criteria:

- ☞ Must be medically stable
- ☞ Must be able to participate and tolerate therapy 3 hours a day 5 out of 6 days a week
- ☞ Must need help with two or more therapies (PT/OT/ST)
- ☞ Must be alert and able to follow instructions
- ☞ Must be motivated, capable and willing to participate in therapies
- ☞ Should be able to improve function or achieve independence
- ☞ Should be able to be discharged outside of the institutional setting

Outcomes for All diagnosis

In 2020 we had 42 Veterans admitted to CIIRP.
The average age was 68 years.

95% of the Veterans are very happy with this program.

Most Veterans stay in the program for about 12 days.

Our Veterans averaged 3.28 hours of therapy per day. Twenty-eight Veterans met 90% or more of their predicted goals.

None of the Veterans was discharged to the hospital and 7 to a Nursing facility, with 38 of the Veterans going directly to home after discharge. Of 36 who came for post-discharge follow-up, 97% maintained and/or improved their ability to perform their self-care and mobility at follow-up.